

# SCHOOL SPORT VICTORIA KINGSTON DIVISION 2018 ATHLETICS CARNIVAL



**Date:** Wednesday 10<sup>th</sup> October

**Venue:** Duncan McKinnon Athletics Centre - cr North & Murrumbeena Rds Murrumbeena (Mel ref 68 A9)

**Postponement:** The carnival will go ahead in all conditions. It will only be called off in extreme circumstances.

**Time of Events:** The organiser reserves the right to start any event prior to, or later than, the time shown on the program. These times are only to be used as a rough guide.

## LANE ALLOCATION:

RANDOM LANE SEEDING BASED ON MEET MANAGER PROTOCOLS

"TIMED FINALS" ACROSS 2 HEATS. BEST 2 TIMES OVERALL PROGRESS TO REGION

ALL RUNNERS SHOULD RUN AT 100% EFFORT REGARDLESS OF THEIR HEAT NUMBER

### PROGRAM:

8.30am	ARRIVAL OF OFFICIALS	
9:30am	9/10, 11, 12/13 Year	1500 metres
9:45am	9/10 Year	triple jump
	11 Year	high jump / shot put
	12/13 Year	discus / long jump
10:45am	9/10, 11, 12/13 Year	hurdles
	9/13 AWD	shot put
11:00am	9/10 Year	discus / long jump
	11 Year	triple jump
	12/13 Year	high jump / shot put
11:30am	9/10, 11, 12/13, AWD	100 metres
12:05pm	9/10 Year	high jump / shot put
	11 Year	long jump / discus
	12/13 Year	triple jump
12:15pm	9/10, 11, 12/13, AWD	200 metres
1:00pm	9/10, 11, 12/13 Year	4 X 100 metres relay
	9/13 AWD	long jump
2:00pm	9/10, 11, 12/13 Year	800 metres



### Please note the following:

All age groups per permitted to wear spikes for 100m, 200m, Hurdles, Relay, Long Jump, Triple Jump and High Jump. Spikes are not permitted in the 800m or the 1500m events - for any age groups.

FIELD event competitors will only have 3 attempts with the top two on distance progressing to the Region event.

All laned TRACK events will only have two heats with the top two on compared times progressing to the Region event.

NO starting blocks will be supplied by Kingston Division. Personal supply of a runner's own starting blocks will be allowed.

No personal batons for relay events will be permitted. A baton will be supplied by School Sport Victoria for all relay events.

There can be no equal second places. Re runs or second best throws/jumps will apply.

To advance to the Region Championships, a student or team must place first or second in their event.

Ribbons will be awarded to the first three placegetters in every event.

The Kingston Division Coordinator for School Sport Victoria will have the final say in any disputes arising from all proceedings.